

Level 3-5 Exam Questions

Level 3 Ball Difficulty (2 min to enter answers as multiple choice)

- What is the value of the first (1st) DB? Do not multiply.
- What is the value of the second (2nd) DB? Do not multiply.
- What is the value of the third (3rd) DB? Do not multiply.
- What is the value of the fourth (4th) DB? Do not multiply.
- What is the value of the fifth (5th) DB? Do not multiply.
- Is there a valid Dance Steps Combination?
- Is there a valid pre-acrobatic element?
- How many Fundamental Apparatus Elements are valid?

Level 4 Apparatus Difficulty (2 min to enter answers as multiple choice)

- What is the value of the first (1st) DB?
- What is the value of the second (2nd) DB?
- What is the value of the third (3rd) DB?
- What is the value of the fourth (4th) DB?
- What is the value of the fifth (5th) DB?
- How many Dance Steps combinations are valid?
- How many Fundamental Apparatus Elements are valid?

Level 5 Apparatus Ball/Clubs Difficulty (2 min to enter answers as multiple choice)

- What is the value of the first (1st) DB?
- What is the value of the second (2nd) DB?
- What is the value of the third (3rd) DB?
- What is the value of the fourth (4th) DB?
- What is the value of the fifth (5th) DB?
- How many Dance Steps combinations are valid?
- How many Fundamental Apparatus Elements are valid?
- How many throws are valid?
- Is there a valid catch with criteria from one of the throws?
- What, if any, difficulty penalties are taken in this routine?

Level 5 Apparatus Ribbon Difficulty (2 min to enter answers as multiple choice)

- What is the value of the first (1st) DB?
- What is the value of the second (2nd) DB?
- What is the value of the third (3rd) DB?
- What is the value of the fourth (4th) DB?
- What is the value of the fifth (5th) DB?
- How many Dance Steps combinations are valid?
- How many Fundamental Apparatus Elements are valid?
- How many apparatus elements executed with the non-dominant hand are valid?
- Is there a valid small throw or echappe?
- What, if any, difficulty penalties are taken in this routine?

Level 4 Apparatus Execution (2 min to enter answers as multiple choice)

- What range do your total technical faults penalties fall within for this routine? (calculate your total technical faults)
- Which range do your rhythm penalties fall within for this routine? (count your rhythm penalties)
- What, if any is your penalty for absence of logical connections in this routine?

- What, if any, is your penalty for changes in speed and/or intensity of the music not being represented by contrasts in the body?
- What, if any, is your penalty for insufficient use of the entire floor area?

Level 5 Execution (2 min to enter answers as multiple choice)

- What range do your total technical faults penalties fall within for this routine? (calculate your total technical faults)
- Which range do your rhythm penalties fall within for this routine? (count your rhythm penalties)
- What, if any is your penalty for absence of logical connections in this routine?
- What, if any, is your penalty for changes in speed and/or intensity of the music not being represented by contrasts in the body?
- What, if any, is your penalty for insufficient use of the entire floor area?
- What is your penalty, if any, for expression?
- What, if any, is your penalty for lack of dance steps with character?
- What is your penalty, if any, for lack of harmony between movement and music at the end of the exercise?

Level 4 Synchronized Floor Difficulty (2 min to enter answers as multiple choice)

- What is the value of the first (1st) DB? Do not multiply.
- What is the value of the second (2nd) DB? Do not multiply.
- What is the value of the third (3rd) DB? Do not multiply.
- What is the value of the fourth (4th) DB? Do not multiply.
- What is the value of the fifth (5th) DB? Do not multiply.
- Is there a valid Dance Steps Combination?
- How many full body waves are valid?

Beginner Group Floor Difficulty (2 min to enter answers as multiple choice)

- What is the value of the first (1st) DB?
- What is the value of the second (2nd) DB?
- What is the value of the third (3rd) DB?
- What is the value of the fourth (4th) DB?
- What is the value of the fifth (5th) DB?
- Is there a valid Dance Steps Combination?
- How many full body waves are valid?
- How many collaborations are valid?
- What, if any, difficulty penalties are taken in this routine?

Beginner Group Ball Difficulty (2 min to enter answers as multiple choice)

- What is the value of the first (1st) DB?
- What is the value of the second (2nd) DB?
- What is the value of the third (3rd) DB?
- What is the value of the fourth (4th) DB?
- What is the value of the fifth (5th) DB?
- Is there a valid Dance Steps Combination?
- How many full body waves are valid?
- How many collaborations are valid?
- How many difficulties with Exchange are valid?
- How many apparatus composition requirements are valid?

Level 4 Synchronized Floor Execution (2 min to enter answers as multiple choice)

- What range do your total technical faults penalties fall within for this routine? (calculate your total technical faults)
- Which range do your synchronization penalties fall within for this routine?
- Which range do your penalties for imprecise lines fall within for this routine?
- What is your penalty, if any, for lack of traveling directions in dance steps?
- What is your penalty, if any, for lack of modalities?
- What is your penalty, if any, for insufficient use of the entire floor area?

Beginner Group Floor Execution (2 min to enter answers as multiple choice)

- What range do your total technical faults penalties fall within for this routine? (calculate your total technical faults)
- Which range do your rhythm penalties fall within for this routine?
- Which range do your penalties for imprecise lines in formations fall within for this routine?
- What is your penalty, if any, for lack of character in dance steps?
- What is your penalty, if any, for lack of dynamic change?

Beginner Group Ball Execution (2 min to enter answers as multiple choice)

- What range do your total technical faults penalties fall within for this routine? (calculate your total technical faults)
- Which range do your rhythm penalties fall within for this routine?
- Which range do your penalties for imprecise lines in formations fall within for this routine?
- What is your penalty, if any, for lack of character in dance steps?
- What is your penalty, if any, for lack of dynamic change?
- What is your penalty, if any, in regard to contact with apparatus/gymnasts?