

User Guide for New Category 3 Trampoline & Tumbling Judges

This guide is designed to help new judges prepare for and successfully complete the Category 3 Judges Exams for Trampoline, Tumbling, and Double Mini. We want you to be successful and hope that the materials provided along with your dedication to learning help you to be successful.

Step 1: Register for the Exam

1. Visit the USA Gymnastics website: usagym.org.
2. Navigate to the Member Services Tab
 1. Click Education
 2. Click Complete Course Catalog
3. Scroll down to T: Trampoline & Tumbling Program Specific Courses
 1. [Click Here](#) to access the exam registration page
 2. Register for the exam(s) you wish to take
 1. You will need to register for the exam for the discipline you wish to earn a certification. There are two sections for each exam.
 1. The written exam: must be taken prior the practical exam. Study over the appropriate code of points and the provided study material prior to taking both sections of the exam. This exam is open book and you will have 90 minutes to complete the exam. Participants have two attempts of the written exam with each paid registration.
 2. The practical exam: should only be attempted after participants have practiced and applied the material in the T304 Trampoline & Tumbling Development Details & Examples. Participants have ONLY one timed attempt for the practical portion of the exam.
 3. When taking the exam, read the instructions at the beginning of each section carefully to ensure you are prepared for the videos that will follow.

Step 2: Download the Study Materials

Before you begin studying, make sure you downloaded all the official USA Gymnastics study materials.

- Code of Points (required for all judges): [Download Trampoline Here](#)
 - Code of points (required for all judges): [Download Tumbling Here](#)
 - Code of points (required for all judges): [Download Double Mini Here](#)
 - Code of points (required for all judges): [Download Guide to Judging all disciplines Here](#)
 - T302 Trampoline & Tumbling Understanding Scoring [Download Here](#)
 - T304 Trampoline & Tumbling Development Details and Examples for all disciplines: [Download Here](#)
 - T <https://members.usagym.org/pages/education/courses/T302/>
 - T630 Category 3 Trampoline Judges Study Material: [Download Here](#)
 - T633 Category 3 Tumbling Judges Study Material: [Download Here](#)
 - T636 Category 3 Double Mini Judges Study Material: [Download Here](#)
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Step 3: Study in the Correct Order

To prepare effectively, follow this order:

1. Start with the Code of Points
 - Learn the rules, deductions, and penalties that apply to all disciplines.
2. Go through the Study Materials
 - Review the T630, T633, or T636 (depending on your course) documents carefully.
 - Understand how deductions are applied for each discipline.
 - Understand the application of the rules for each discipline.
3. Spend Time with T304 Development Details & Examples
 - This resource provides real examples of each level within the Development Program.
 - The written text explains the purpose of each level as well as the expectation for the athlete's performance
4. Spend Time with T302 Understanding Scoring
 - This resource provides real examples and shows the deduction and FIG shorthand for each element.
 - It give a brief explanation of why the athlete received deductions and penalties.
 - Practice applying deductions consistently and accurately.

- Review the written feedback and deductions for each routine to fully comprehend how deductions are applied to each element for the flaws within the routines.

Step 4: Practice Applying Deductions

- Using the Understanding Scoring Resource
- Focus on consistency and accuracy.
- Work through the examples provided in the study materials.
- Compare your deductions to the sample answers to check your understanding.

Step 5: Take the Exams

When you feel confident in your knowledge and practice:

1. Return to the Begin Here button for the exams. Take both the Written and Practical Exam through the USA Gymnastics Education page.
2. Complete the exam for each discipline you are certifying in (Trampoline, Tumbling, Double Mini).
3. Once you pass, you will officially hold a Category 3 Judging Certification.



Tip for Success: Don't rush. Spend extra time with the Trampoline & Tumbling Development Details and Examples (T304)—this is where you'll build the judging "eye" that will help you during the practical exam.
