

Chris Helton

2001 World Championships Team Tumbling Bronze Medallist 1998 World Age-Group Games Tumbling Silver Medallist 1997 Tumbling Jr. National Champion 1994. 1996 World Age-Group Games Tumbling Gold Medallist

Hometown: Kenner, La. **Residence:** Kenner, La.

Birth Date/Place: July 20, 1982/Metairie, La.

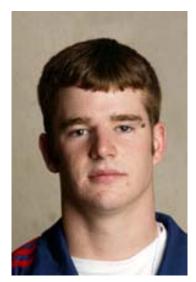
Club: American Center for Elite Sports

Coach: Jon Beck

School: University of New Orleans

Year in School:
Years on National Team:
Favorite Event:

Junior (Fall 2002)
6 (1995-2003)
Tumbling



Updated: 09/27/02

Personal Info

Chris is one of two children to Mark and Gwyn Helton. His younger sister, Kimberly, was a former Level 9 artistic gymnast. Helton's favorite subject in school is Math and his favorite actor is Tom Hanks. His goal is to win the World Championships. Helton says his role model is Jon Beck, his coach. Helton is currently studying Mechanical Engineering at the University of New Orleans.

International Competition

- 2001 World Championships, Odense, Denmark; 3rd-Team Tumbling, 22nd-Tumbling
- 1998 World Age-Group Games, Sydney, Australia; 2nd-Tumbling
- 1996 World Age-Group Games, Kamloops, Canada; 1st-Tumbling
- 1994 World Age-Group Games, Ville du Conde, Portugal; 1st-Tumbling

National Competition

- 2002 National Championships, Cleveland, Ohio; 3rd-Tumbling
- 2001 National Championships, San Antonio, Texas; 3rd-Tumbling
- 2000 National Championships, St. Louis, Mo.; 3rd-Tumbling
- 1999 National Championships, Anaheim, Calif.; 2nd-Tumbling
- 1998 National Championships, St. Paul, Minn.; 2nd-Tumbling (Jr.)
- 1997 National Championships, Orlando, Fla.; 1st-Tumbling (Jr.)