

USA Gymnastics SAFE SPORT POLICY

LOCKER ROOMS & CHANGING AREAS

Commonly Asked Questions:

- 1.** Can locker room monitors be in the locker room or changing area with Minor Athletes?

A: Yes. As long as the monitor is not one-on-one with Minor Athletes and all interaction is observable and interruptible, the Adult Participant can monitor the locker room inside or outside the area as needed. All efforts should be made to avoid Minor Athletes who are actively changing.
- 2.** Is there a set schedule the monitor must follow to be compliant with the Locker Room and Changing Area Policy?

A: No. USA Gymnastics recommends random sweeps of locker rooms and changing areas.
- 3.** Does the Member Club or Meet Director need to keep documentation related to monitoring changing areas?

A: No. It is considered a best practice under risk management standards to maintain documentation by the person responsible for monitoring the changing areas, but is not a requirement.
- 4.** Can a Member Club or Meet Director ask all participants to come dressed and prepared to train or compete?

A: Yes. If your organization does not utilize locker rooms and athletes are advised to come prepared and dressed to compete, a restroom stall is sufficient as a semi-private area to change if needed.



The USA Gymnastics Locker Rooms/Changing Area Policy exists for the privacy and safety of athletes at places such as Member Clubs and competitions. The following policy applies to all Member Clubs and facilities under the jurisdiction of USA Gymnastics.

1. Interactions must remain observable and interruptible at all times
2. Semi-private or private changing areas for Minor Athletes must be made available at all facilities under the jurisdiction of USA Gymnastics
3. Monitoring must occur for all locker rooms and changing areas
4. The photographic or recording capabilities of any device (cell phones, cameras, tablets) cannot be used by any Participant in locker rooms or changing areas
5. Adult Participants MUST NOT change clothes or behave in a way that intentionally exposes their breast, buttocks, groin, or genitals to a Minor Athlete
6. Adult Participants CANNOT shower with a Minor Athlete unless a Close-in-Age exception exists (no more than a four-year difference) and the Adult Participant has no authority over Minor Athletes in the locker room or shower areas.

Semi-Private and Private Changing Areas Facts

1. A Semi-Private Area is an area that is not separate from where other individuals are changing but offers the Minor Athlete some privacy. An area created by a partition or drapery would meet the standard for a semi-private changing area.
2. A Private Area is an area separated completely from anyone else changing. A bathroom stall with a door that locks meets the standard for a private changing area.

