



MEMBERSHIPS		MINIMUM AGE	USA GYMNASTICS BACKGROUND CHECK	U110: U.S. CENTER FOR SAFESPORT COURSE	U101: SAFETY AND RISK MANAGEMENT COURSE	U113: SAFE SPORT POLICY COURSE <small>Must be completed by Nov. 1, 2021</small>	U112: TOUGH COACHING OR EMOTIONAL ABUSE COURSE <small>Must be completed by Jan. 10, 2022</small>	CONCUSSION EDUCATION ACKNOWLEDGMENT	U100: FUNDAMENTALS OF GYMNASTICS INSTRUCTION COURSE	MEET DIRECTOR CERTIFICATION <small>For Acrobatic and Women disciplines only</small>
Formerly known as Professional Member	Competitive Coach	16	✓ 18+	✓ 18+	✓	✓ 18+	✓ 18+	✓ 18+	✓	
	Judge	16	✓ 18+	✓ 18+	✓	✓ 18+				
	Organizational Owner / Managing Director	18	✓	✓	✓	✓	✓	✓		
	Meet Director	18	✓	✓	✓	✓	✓			✓
Formerly known as Instructor Member	Recreational Coach	14	✓ 18+	✓ 18+		✓ 18+	✓ 18+	✓ 18+		
	Photographer / Videographer	18	✓	✓		✓				
	Medical	18	✓	✓						
	Volunteer	14	✓ 18+ <sup>*</sup>	✓ 18+						
	Athlete	N/A		✓ 18+						

<sup>1</sup> An individual may hold more than one membership type.

<sup>2</sup> Additional education requirements may be needed based on the discipline that the coach or judge participates in.

<sup>\*</sup> A background check consistent with the USA Gymnastics background check policy must be completed for Volunteer members 18 years of age and older. [Click here](#) for the list of participants that have regular contact with, and authority over, minor athletes who are required to complete the U110: Safe Sport Course and background check.