NAME	Ý	Powe	<b>r TeamGym</b>	JUMP FORM					Level
Squad Division (circle one): Open Penale Open Male Mixed       2020-23         UDINDS: Cachee must III dual how, hild one hild column your choice, wile your passes for Couch's Choice, must passes in the following order:       Image: State and	$\land$		,						page 1 o
Squad Division (circle one): Open Fense Open Male Mixed       2020-23         UCIONS: Cockers must fill out above, initia on the left outem your choics, with your passes for Coach's Division (circle one): Open Male Mixed       Diracity Open Control State State Open Male Open Male Mixed       Diracity Open Control State State Open Male Open Male Mixed       Diracity Open Control State State Open Male Open Male Open Male Open Male Mixed       Diracity Open Control State State Open Male Open Male Mixed       Diracity Open Control State State Open Male Open Male Mixed       Diracity Open Control State State Open Male Open Male Mixed       Diracity Open Control State State Open Male Open Male Mixed       Totals         (CIONES: Conchers must file out above, initiation the left outem your choics, with your choics, with your choics, with your choics with your choics of the mixed outem Male Mixed       Diracity Open Control Mixed Open Male Mixed       Totals         (CIONES): Conchers Choice.       Must be forward - run 2 or 3 steps hurdle - execute a minimum of 3 skills in the forward direction to include at least one salto in at least a tuck position. Last skill must be a salto: Last athete will stick hold, finish and salute.       Coach's Choice.       Diracity Open Male Mixed Open Male Open Male Mixed Mixed Open Male Mixed Mixe	USA	CLUB:	SQUAD NAME:	TOTAL # of ATHLETES:				Ju	dge Initial
UCHORS: Coaches must fill ad above, initial on the left column your choices, write your passes for Coach's Choice, and turn in to judges (one copy for each judge).       Dirtuity       Carvordian       inextant       inextant </th <th>INASTICS</th> <th>Squad Divis</th> <th>sion (circle one): Open Female Open Male Mixed</th> <th>l i i i i i i i i i i i i i i i i i i i</th> <th></th> <th></th> <th></th> <th></th> <th>2020~23</th>	INASTICS	Squad Divis	sion (circle one): Open Female Open Male Mixed	l i i i i i i i i i i i i i i i i i i i					2020~23
TUMBLING Pass 1 - Compulsory Pass. Level 6 Performs three tumbling passes in the following order:         From stand facing forward – run 2 or 3 steps hurdle - RO – Whipback-"BHS – back salto tuck – finish. Last athlete will stick hold, finish and satute.         TUMBLING Pass 2 - Coaches Choice. "Must be forward tumbling and must indicate asteriak.         (3.05V) From stand facing forward – run 2 or 3 steps hurdle – execute a minimum of 3 skills in the forward direction to include at least one salto in at least a tuck position. Last skill must be a salto.         Last athlete will stick hold, finish and salute.         (2.6V) From stand facing forward – run 2 or 3 steps hurdle – execute a minimum of 3 skills in the forward direction to include at least one salto in at least a tuck position. Last skill not required to be a slato.         Last athlete will stick hold, finish and salute.         (2.6V) From stand facing forward – run 2 or 3 steps hurdle – execute a minimum of 3 skills in the forward direction to include at least one salto in at least a tuck position. Last skill not required to be a slato.         Last athlete will stick hold, finish and salute.         Coach's Choice:         t	UCTIONS: Co	oaches must fill out abov	ve, initial on the left column your choices, write your passes for Coach	s Choice, and turn in to judges (one copy for each judge).	,				
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					BONUS	+ 0.2	+ 0.3 +	0.4 + 0.5	5
D 3         C 2         E 5         bonus         T3 Score					L3-6	8-9 1	0 - 11 12	- 13 14	
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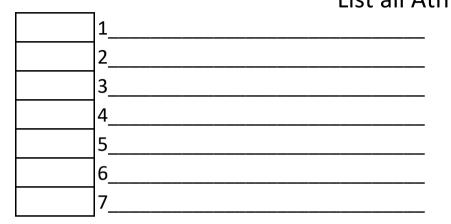
Head Judge Tabulation:	FINAL		 Judge	
second judge score: Average score: less HJ deductions: =	SCORE:		SCORE:	

# **JUMP FORM**

### Level 6

Y Power	<b>TeamGym</b>		JUMP	FO	RN	ľ		I	page 2 of 2
GYMNASTICS CLUB:	SQUAD NAME:		TOTAL # of AT	HLETES:				Judge	nitial
INSTRUCTIONS: Coaches must fill out above, initia	al on the left column your choices and turn in to judge								2020~23
Teams must complete only 3 passes total.	e trampet two trampet and one Teams must begin on the apparatus designa sequent passes, up to the last 3 athletes ma	ted for two passes. In the first		Difficulty 3.0	Composition 2.0	Execution 5.0	Bonus up to +0.5	Sub Scores	Totals
First Vault (3.0 SV): Hands	g required, second vault optional must has spring 1/2 on or 1/2 of ndspring 1/2 on or 1/2	f	light (must be different). La	st athlete will	stick hole	d, finish a	nd salute		
Count: Judges Notes Vault #1:				D 3	C 2	E 5	bonus	score 1	
Count: Judges Notes Vault #2:				D 3	C 2	E 5	bonus	score 2	VT Score
(2.0 SV) Front salto tuck	equired, second pass optional (must be c Front salto pike (2.6SV)f Front salto pike (2.6 SV)	ront salto Layout (2.8 SV)	Brani Tuck B				i Layout ni Layout		
				BONUS	+ 0.2	+ 0.3	+ 0.4	+ 0.5	]
				L3 - 6	8-9	10 - 11	12-13	14	
Count: Judges Notes MT #1:				D 3	C 2	E 5	bonus	score 1	
Count: Judges Notes MT #2:				D 3	C 2	E 5	bonus	score 2	MT Score
				FINAL		I	L	Judge	
Head Judge Tabulation:	second judge score: Av	erage score:	less HJ deductions:	- = SCORE	:			SCORE:	

## Power TeamGym Roster Level 6 List all Athletes on Squad



8
9
10
11
12
13
14

### \*\*\* No more than 1 Double Dipper per squad.

Coaches required to fill out this form completely and submit with each respective jump form.

Preference is to submit this Roster (one Page) and the Jump Form on double sided paper (one page) for two pages stapled.

#### Please initial each Double Dipper. Only one allowed dipping into each squad and only one dipping out.

Coaches signature and initials for any Double Dippers required in order to be eligible to compete.

The consequence for Double Dipper Rule (see Section 2.06 of the Power TeamGym R&P for details) violation is disqualification.

If you have an urgent situation with last minute injury or illness and need to exceed the limit; contact the Meet Referee immediately to acquire

clearance for an exception to the rule. If approved, Meet Referee signature required: \_\_\_\_\_\_

Date:	