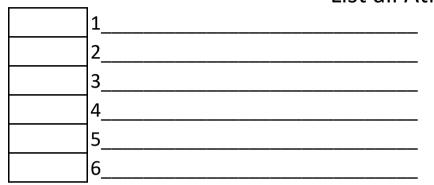
Power TeamGym

Level 10

~	Club: # Athlet	es:	Judge:			
$\mathbf{\Lambda}$	Squad Nickname:		Date:			
USA	City/State Double Dipper? Y / N		Meet Site:			
	Team Type: Open Female Open Male Mixed		Leo Color:			
< Coach	es, \blacktriangle Please complete selections denoting which elements your squad will o	compete. 🔻	Difficulty Open	Composition 2.0	Execution 10.0	Totals
	DTUMBLING Pass 1 - All six athletes must perform the exact sate bass here with values for the three highest elements from the Code of Points:	ume pass.	Forward	Backward	Combo	
Judges	Notes:		Difficulty	Composition	Execution	Totals
Judges	NOLES.					
Level 10) TUMBLING Pass 2 - Six athletes. Unlimited intensifications al	lowed.	Forward	Backward	Combo	
Gymnas	t 1:	Sum of	highest 3 values			
Gymnas	t 2:	Sum of	highest 3 values			
Gymnas	t 3:	Sum of	highest 3 values			
Gymnas	t 4:	Sum of	highest 3 values			
Gymnas	t 5:	Sum of	highest 3 values			
	t 6:		highest 3 values			
Judges	Notes:		Squad Difficulty	Composition 2.0	Execution 10.0	Total
) TUMBLING Pass 3 - Six athletes. Unlimited intensifications al		Forward	Backward	Combo	
Gymnas			highest 3 values			
	t 2:		highest 3 values			
Gymnas	t 3:	Sum of	highest 3 values			
Gymnas	t 4:	Sum of	highest 3 values			
Gymnas	t 5:	Sum of	Sum of highest 3 values			
Gymnas	t 6:	Sum of	Sum of highest 3 values			
Judges	Notes:		Squad Difficulty	Composition 2.0	Execution 10.0	Total
					-	
	Special HJ Deductions					
	Avg Total Tumbling					

	Power TeamGym	Leve	el 10		2020~23	
~	Club: # Athletes:	Judge:				
\wedge	Squad Nickname:		Date:			
USA GYMNASTICS	City/State Double Dipper? Y / N Meet Site:					
	Team Type: Open Female Open Male Mixed	Leo Color:				
Coach	es, ▲ Please complete selections denoting which elements your squad will compete. ▼	Difficulty Open	Composition 2.0	Execution 10.0	Totals	
Level 1	0 TRAMPET Pass 1 - All six athletes must perform the exact same element.		Difficulty determ	nined from Appe	ndices:	
Vault (m	nini-tramp as rebounding device)? Write element & Difficulty					
Mini-Tra	amp? Write element & difficulty					
		Difficulty	Composition	Execution	Totals	
Judges	Notes:	Diffedity	Composition	Execution	10(013	
Level 1	0 TRAMPET Pass 2VaultMini-Tramp	Difficulty deterr	mined from Appe	ndices:		
Gymnas	st 1:					
Gymnas	st 2:					
Gymnas	st 3:					
Gymnas	st 4:					
Gymnas	st 5:					
Judges	st 6:	Cauad	Composition	Evenution	Total	
g		Squad Difficulty	Composition 2.0	Execution 10.0	Total	
		Difficulty	2.0	10.0		
Laurit						
	0 TRAMPET Pass 3. Must be highest difficulty passVaultMi st 1:	ni-Tramp	Difficulty determ	nined from Appe	ndices:	
	st 2:					
	st 3:					
,	st 4:					
-	st 5:					
Gymnas	st 6:		1			
Judges	Notes:	Squad	Composition	Execution	Total	
		Difficulty	2.0	10.0		
	Special HJ Deductions					
			Avg To	tal Trampet		
L						

Power TeamGym Roster Level 10 List all Athletes on Squad



7
8
9
10
11
12

*** No more than 1 Double Dipper per squad.

Coaches required to fill out this form completely and submit with each respective jump form.

Preference is to submit this Roster (one Page) and the Jump Form on double sided paper (one page) for two pages stapled.

Please initial each Double Dipper. Only one allowed dipping into each squad and only one dipping out.

Coaches signature and initials for any Double Dippers required in order to be eligible to compete.

The consequence for Double Dipper Rule (see Section 2.06 of the Power TeamGym R&P for details) violation is disqualification.

If you have an urgent situation with last minute injury or illness and need to exceed the limit; contact the Meet Referee immediately to acquire

clearance for an exception to the rule. If approved, Meet Referee signature required: ______

Coach Signature: _____

Date:	
Date.	