

| M/F_      |  |
|-----------|--|
| Age-Group |  |

**Bonus** 

N/A

| Name: | Team: |
|-------|-------|
|       |       |

1

#### Level 1 **Routine 1** 1 Element Routine Elements may be repeated **Elements Bonus** Mount: No run required. May start on DMT 1 **Total Consecutive Elements:** N/A **Execution Judge 1 (10.0): Execution Judge 2 (10.0):** No Bonus (Level 1) CJP (-): **Routine 1 Score: (out of 20.0)**

|   | Execution Judge 2 (10.0):     |
|---|-------------------------------|
|   | No Bonus (Level 1)            |
| ) | CJP (-):                      |
|   | Routine 2 Score: (out of 20.0 |
|   |                               |
|   | Total Score:                  |
|   | Routine 1:                    |
|   | Routine 2:                    |
|   | Total Score (Out of 40.0):    |
|   |                               |
| 1 | Allowable Flemen              |

| Special Requirements / Restrictions               |
|---|
| Mounting aid required                             |
| Straight jump dismount required (Not Judged)      |
| All elements are spotter elements                 |
| Coach may assist athlete mounting the Double mini |
| Unlimited straight jumps allowed                  |
| Elements may be repeated up to 3 times            |
| without penalty                                   |
| Spotting required on the dismount                 |
| Routines may not be interrupted for any reason    |

| Allowable Elements                                     |  |  |
|--|--|--|
| Athletes may only perform elements from the list below |  |  |
| Dismount Straight jump                                 |  |  |
| Pike jump  |  |  |
| Straddle jump  |  |  |
| Tuck jump  |  |  |

**Routine 2** 1 Element Routine

Elements may be repeated

Mount: No run required. May start on DMT

20.0)

**Elements** 

**Total Consecutive Elements:** 

**Execution Judge 1 (10.0):** 

| PENALTIES  |     |
|--|-----|
| Repeats an element more than three times over the two routines | 0.5 |
| A spot that facilitates the performance of an element          | 0.5 |
| Performs elements not allowed at that level, per occurance     | 1.0 |
| Does not perform a straight jump dismount                      | 1.0 |
| Does not use a mounting aid to mount the Double Mini           | 1.0 |



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|   | Routine 2                        |       |
|---|----------------------------------|-------|
|   | 2 Element Routine                |       |
|   | Elements may be repeated         |       |
|   | Elements                         | Bonus |
|   | Run required: May step up to DMT |       |
| 1 |                                  |       |
| 2 |                                  |       |
|   | Total Consecutive Elements:      |       |
|   | Execution Judge 1 (10.0):        |       |
|   | Execution Judge 2 (10.0):        |       |
|   | DD (1.0 Max):                    |       |
|   | CJP (-):                         | ( )   |
| 1 | Routine 2 Score: (out of 21.0)   |       |

| Special Requirements / Restrictions                   |  |  |
|---|--|--|
| Mounting aid allowed without penalty                  |  |  |
| Unlimited straight jumps allowed                      |  |  |
| Routine must beging with a run                        |  |  |
| Athlete may stop and step up to the Double Mini with  |  |  |
| no penalty  |  |  |
| Elements may be repeated up to 3 times                |  |  |
| without penalty                                       |  |  |
| Spotting permitted on dismount with NO penalty        |  |  |
| Consecutive element bonus is awarded for the greatest |  |  |
| number of consecutive elements performed              |  |  |
| Routines may not be interrupted for any reason        |  |  |

| Total Score:               |  |
|----------------------------|--|
| Routine 1:                 |  |
| Routine 2:                 |  |
| Total Score (Out of 42.0): |  |

| Allowable Elements                                     |  |  |
|--|--|--|
| Athletes may only perform elements from the list below |  |  |
| Dismount Straight jump                                 |  |  |
| Pike jump  |  |  |
| Straddle jump  |  |  |
| Tuck jump  |  |  |

| PENALTIES  |     |
|--|-----|
| Repeats an element more than three times over the two routines | 0.5 |
| A spot that facilitates the performance of an element          | 0.5 |
| Performs elements not allowed at that level, per occurance     | 1.0 |
| Does not begin with a run                                      | 1.0 |



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| Special Requirements / Restrictions                 |
|---|
| Mounting aid allowed                                |
| Routine must begin with a run and hurdle. Athlete   |
| may stop and step up to Double Mini with no penalty |
| Maximum of 3 straight jumps between elements        |
| Spotting permitted on dismount without penalty      |
| Consecutive element bonus will be awarded for the   |
| number of consecutive elements performed            |
| Routines may not be interrupted for any reason      |

|                                | Routine 2                        |       |  |  |
|--------------------------------|----------------------------------|-------|--|--|
|                                | 2 Element Routine                |       |  |  |
|                                | Elements may be repeated         |       |  |  |
|                                | Elements                         | Bonus |  |  |
|                                | Run required: May step up to DMT |       |  |  |
| 1                              |                                  |       |  |  |
| 2                              |                                  |       |  |  |
|                                | Total Consecutive Elements:      |       |  |  |
|                                | Execution Judge 1 (10.0):        |       |  |  |
|                                | Execution Judge 2 (10.0):        |       |  |  |
|                                | DD (1.0 Max):                    |       |  |  |
|                                | CJP (-):                         | ( )   |  |  |
| Routine 2 Score: (out of 21.0) |                                  |       |  |  |

| Total Score:               |  |
|----------------------------|--|
| Routine 1:                 |  |
| Routine 2:                 |  |
| Total Score (Out of 42.0): |  |

| Allowable Elements                                     |
|--|
| Athletes may only perform elements from the list below |
| Dismount straight jump                                 |
| Jump 1/2 turn  |
| Pike jump  |
| Straddle jump  |
| Tuck jump  |

| PENALTIES   |     |
|---|-----|
| Repeats an element more than three times over the two routines      | 0.5 |
| A spot that facilitates the performance of an element               | 0.5 |
| Performs elements not allowed at that level, per occurance          | 1.0 |
| Performs more than 3 straight jumps between elements                | 0.5 |
| Does not begin with a run, hurdle prior to mounting the Double Mini | 1.0 |



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| 2 Element Routine        |   |     |  |  |
|--------------------------|---|-----|--|--|
| Elements may be repeated |   |     |  |  |
|                          | Elements Bonus  |     |  |  |
| Ru                       | Run & hurdle required: Must mount with <u>2 feet</u> simultaneously |     |  |  |
| 1                        |   |     |  |  |
| 2                        |   |     |  |  |
|                          | Total Consecutive Elements:   |     |  |  |
|                          | Execution Judge 1 (10.0):   |     |  |  |
|                          | Execution Judge 2 (10.0):   |     |  |  |
|                          | DD (1.0 Max):   |     |  |  |
|                          | CJP (-):  | ( ) |  |  |
| F                        | Routine 2 Score: (out of 21.0)                                      |     |  |  |

**Routine 2** 

| Special Requirements / Restrictions               |  |  |
|---|--|--|
| Routine must begin with a run and hurdle          |  |  |
| Must mount the Double Mini with 2 feet            |  |  |
| Straight jumps between elements                   |  |  |
| (0.5 penalty per occurance)                       |  |  |
| Spotting permitted on dismount without penalty    |  |  |
| Consecutive element bonus will be awarded for the |  |  |
| number of consecutive elements performed          |  |  |
| Routines may not be interrupted for any reason    |  |  |

| Total Score:                |  |
|-----------------------------|--|
| Routine 1:                  |  |
| Routine 2:                  |  |
| Total Score (Out of 42.0):  |  |
| 10tai 5core (0 at 01 42.0). |  |

| Allowable Elements                                     |  |
|--|--|
| Athletes may only perform elements from the list below |  |
| Front tuck somersault (spot required)                  |  |
| Jump 1/2 turn  |  |
| Pike jump  |  |
| Straddle jump  |  |
| Tuck jump  |  |

| PENALTIES   |     |
|---|-----|
| Repeats an element more than three times over the two routines      | 0.5 |
| A spot that facilitates the performance of an element               | 0.5 |
| Performs elements not allowed at that level, per occurance          | 1.0 |
| Does not begin with a run, hurdle prior to mounting the Double Mini | 1.0 |
| Does not mount the Double Mini with two feet                        | 1.0 |
| Straight jumps performed anywhere in the routine                    | 0.5 |