

## DOUBLE MINI DIFFICULTY

Write the basic FIG symbol plus the position: o < /

Front Elements	Basic FIG Symbol	DD for Position			Back Elements	Basic FIG Symbol	DD for Position			
		Tuck o	Pike <	Straight /			Tuck o	Pike <	Straight /	
Front somersault	40	0.5	0.6	0.6	Back somersault	40	0.5	0.6	0.6	Single somersaults
Barani	41	0.7	0.7	0.7	Arabian somersault	41	0.7	0.7	0.7	
Front full	42	One position possible		0.9	Back full	42	One position possible		0.9	
Rudy	43	One position possible		1.2	Back double full	44	One position possible		1.5	
Randy	45	One position possible		1.9	Back triple full	46	One position possible		2.3	
Double front	800	2.0	2.4	2.8	Double back	800	2.0	2.4	2.8	Double somersaults
Barani-out	801	2.4	2.8	3.2	Half-in, half-out	811	2.8	3.2	3.6	
Rudy-out	803	3.2	3.6	4.0	Half-in, Rudy-out	813	3.6	4.0	4.4	
Randy-out	805	4.0	4.4	4.8	Half-in, Randy-out	815	4.4	4.8	5.2	
Half-in	810	2.4	2.8	3.2	Full-in	820	2.8	3.2	3.6	
					Full-out	802	2.8	3.2	3.6	
Half-in, full-out	812	3.2	3.6	4.0						
Full-in, half-out	821	3.2	3.6	4.0	Double full-out	804	3.6	4.0	4.4	
					Full-in, full-out	822	3.6		4.4	
Full-in, Rudy-out	823	4.0	4.4	4.8	1½ in, half-out 'Full, full'	831	3.6	4.0	4.4	
Full-in, Randy-out	825	4.8	5.2	5.6						
					Full, double full 'Miller'	833	4.4	4.8	5.2	
					Double full, double full	844	5.2		6.0	
					Triple full, double full	855			6.8	
Triffis half-out	12001	5.1	5.9		Triple back	12000	4.5	5.3	6.1	Triples / Quads
					Triffis full-in	12200	5.7	6.5		
Triffis Rudy-out	12003	6.3	7.1		Triffis half-in, half-out	12101	5.7	6.5		
Triffis full-in, half-out	12201	6.3	7.1		Triffis half-in, Rudy-out	12103	6.9	7.7		
Triffis full-in, Rudy-out	12203	7.5	8.3							
					Quad back	160000	8.0	9.6		
<b>Calculation of an Element</b>										
Twists - single somersaults	Each completed 360° of somersault			0.5	Single somersault: pike / straight, <i>without twist</i>			0.1		Position
	Each ½ twist up to first 360°			0.2	Double somersault: pike / straight			0.4 / 0.8		
	Each ½ twist more than 1 full twist			0.3	Triple somersault: pike / straight			0.8 / 1.6		Twists
	Each ½ twist more than 2 full twist			0.4	Double somersault each ½ twist			0.2		
	Each ½ twist more than 3 full twist			0.5	Triple somersault each ½ twist			0.2		
Double somersaults: Add all somersault and twist values, double that amount, and then add the position bonus.										
Triple somersaults: Add all somersault and twist values, triple that amount, and then add the position bonus.										