



Athlete Health and Wellness Council

USA Gymnastics' Health and Wellness Council was created to act as advisors to the Athlete Health and Wellness program around health and wellness related policies, protocols, position statements, and educational topics needed for our community.

The Council meets monthly to discuss these items.

2020 Athlete Health and Wellness Council members are representatives from all disciplines and represent multiple layers of the organization from programs to medical staff to athletes. The current members are:

Kim Kranz, Chief of Athlete Wellness at USA Gymnastics
Dr. David Kruse, Medical Director at USA Gymnastics
Dr. Aurelia Nattiv, Sports Medicine Physician and independent council member
Karen Cogan, Sports Psychologist, USOPC
Dr. Michael Devine, Athlete Representative (former T&T athlete)
Jessica Renteria, Athlete Representative (former Acro athlete)
Annie Heffernon, VP Women's program, USA Gymnastics
Beth Darling, PT, ATC, Team healthcare provider, Rhythmic
Taryn Moore, ATC, Team healthcare provider, T&T