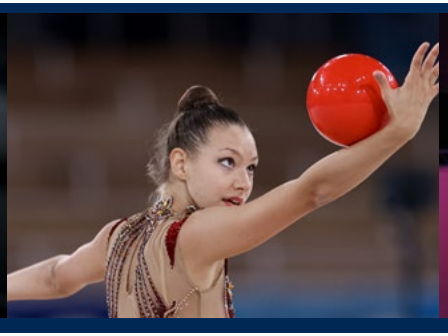
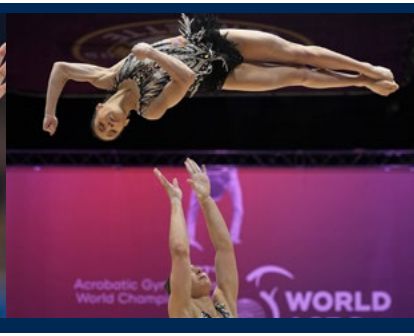


2021 YEAR IN REVIEW

USA GYMNASTICS



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A MESSAGE FROM USAG'S BOARD CHAIR KATHRYN CARSON AND PRESIDENT & CEO LI LI LEUNG



As we entered 2021, it was everyone's hope that the new year would mark a return to normal. While the year provided anything but normal, it was certainly exceptional.

Our 2021 year-end message to members captured highlights of the year around the themes of Dedication, Resiliency, Service, Bravery, and Excellence. Within the pages of this Year in Review, each of these qualities is reflected across the wide-ranging spectrum of our organization, from Olympic competition to our support for grassroots growth and prioritization of athlete health and wellness.

Among the highlights of the year:

- The sport of gymnastics once again took center stage in the Olympic year in the hearts of American fans, with the top television and social media numbers of any sport in the Summer Olympic family – and record-breaking attendance at the Olympic Trials.
- For the first time ever, we held the Olympic Trials, USA Gymnastics Championships, and National Congress and Trade Show together at the same time and place, culminating in a unified celebration of all 2020 gymnastics Olympians.
- The fact that we had no identified cases of COVID transmission at any of our premier events is a testament to everyone taking seriously the protections we put in place to ensure participant safety. We couldn't have done it without everyone doing their part.
- Resiliency was the story of the Olympic Games. At every turn, athletes had to step up when called upon to lift each other up, put the team first, and put forth their best personal efforts.
- Prioritizing a service-based culture at USA Gymnastics is something we reinforce every day. This was on full display as we launched a group health insurance benefit for our professional members in November.

MESSAGE FROM KATHRYN CARSON & LI LI LEUNG



- Our educational offerings ramped up to record levels, including seven new Safe Sport trainings.
- We reinforced our commiment to serve the sport globally through our active involvement in FIG and PAGU, hosting a rhythmic webinar that drew more than 1,200 international registrations, and putting on successful clinics for judges in Pan American countries.
- Never before has a Junior Pan American Games been held. Although the success of American athletes is not primarily defined by medal count, you couldn't help but celebrate when the Star-Spangled Banner played nearly continuously for American athletes during the medal ceremonies.
- Finally, it was very significant and historic that the last major event of 2021 was reaching a settlement with sexual abuse Survivors. The bravery of Survivors is something that the entire world saw and experienced. The truth is that these women shouldn't have needed to be brave in that way. This entire sport – all of sport – owes them a debt that can never be repaid.

It is our hope that this 2021 Year in Review captures the spirit, successes, and challenges that made 2021 unforgettable. We further hope that in 2022, as USA Gymnastics emerges as a renewed organization, we are all able to galvanize around our mutual love for this sport to make it better than ever.

Sincerely,

Kathryn Carson
Board Chair

Li Li Leung
President and CEO

TOKYO 2020

#1 watched Olympic sport on NBC



6 Olympic medals

World Championships medals **11**



20,815 Record single-day attendance at the Olympic Team Trials

19 BILLION Social media impressions for the sport globally during the Olympic Trials

NEARLY **200,000 MEMBERS**

4,100+ Sanctioned in-person and virtual events nationwide

1,300+ In-person attendees at the 2021 National Congress & Trade Show

USA Gymnastics National Congress & Trade Show 2021 St. Louis, MO usagymcongress.org

50+ Educational courses available to members online

2.5 MILLION Followers on social media

23 MILLION+ Social media engagements for the year

374 MILLION+ Impressions on USAG-owned social media accounts for the year



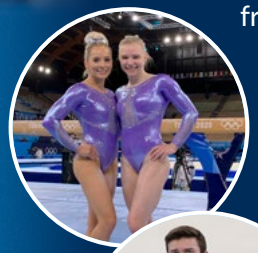
BIG STAGE

TOKYO OLYMPICS | OLYMPIC TRIALS



U.S. Gymnasts Shine on the Olympic Stage

A dream delayed was not a dream denied for American gymnasts as the 2020 Olympic Games came to fruition in Tokyo in the summer of 2021. Americans earned headlines for their competitive excellence as well as showing leadership, grace, and strength apart from competition.









Inside the Ariake Gymnastics Centre, U.S. women's artistic gymnasts earned six medals, including silver in the team competition. Suni Lee extended the U.S. women's all-around title streak to five-straight Olympic Games, while Simone Biles (balance beam), Jade Carey (floor exercise), Lee (uneven bars), and MyKayla Skinner (vault) each collected hardware in individual event finals.

On the men's side, the team finished just off the podium in fifth. Brody Malone (horizontal bar), Sam Mikulak (parallel bars), Yul Moldauer (floor exercise), and Alec Yoder (pommel horse) each earned an apparatus final berth. Malone also debuted a new parallel bars mount for the first time internationally, earning the skill the moniker 'The Malone.'

In the trampoline competition, Nicole Ahsinger's finals berth and sixth place finish in the women's division tied the highest U.S. placement in history. Aliaksei Shostak was 13th in the men's category.

For the first time under the current qualification system, the U.S. fielded the largest Olympic rhythmic gymnastics contingent possible: two individual competitors and a group. Individual gymnasts Evita Griskenas and Laura Zeng just missed the all-around final, finishing 12th and 13th, respectively. The U.S. rhythmic group – consisting of Izzy Connor, Camilla Feeley, Lili Mizuno, Elizaveta Pletneva, and Nicole Sladkov – delivered a pair of clean routines to claim 11th.

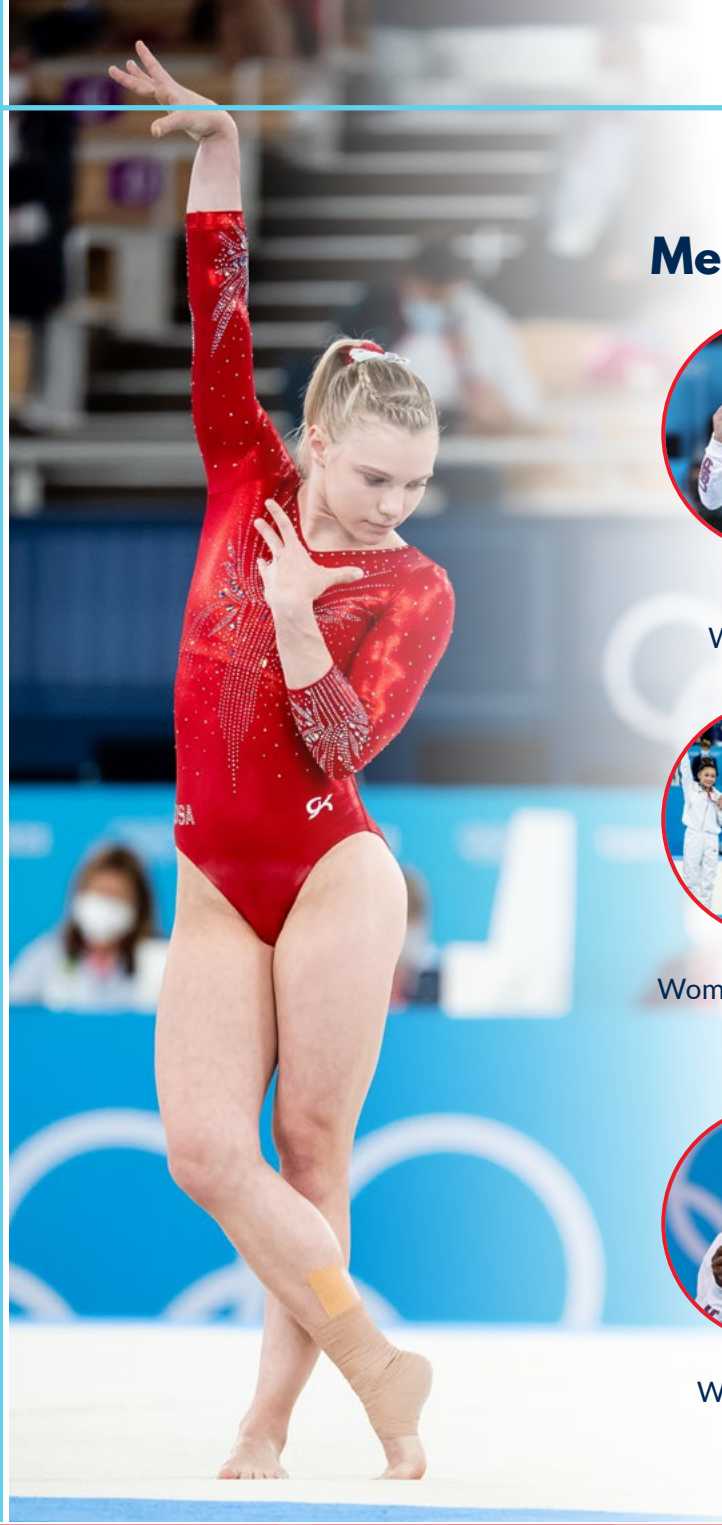
OLYMPICS



True to its promise to unite the world in sport, the Olympic Games provided a stage where gymnastics' greatest champion, Simone Biles, united the conversation around athlete mental health and wellness.

Unable to continue due to "the twisties," Biles gracefully withdrew from team competition to ensure team success, and to ensure her own health and safety. Rather than simply withdraw, she cheered on her teammates and spoke openly about the challenges she was facing in Tokyo and in the weeks and months that followed. Working daily on her condition, physically and mentally, she returned to the Games for the final individual event competition, on beam.

Likewise, her teammates rose to the challenge and seized their opportunity when called upon to step up and fill the gap left by Biles' absence with their own medal-winning performances.



Medals earned in Tokyo





GOLD

Women's all-around – Suni Lee
Women's floor exercise – Jade Carey





SILVER

Women's team – Simone Biles, Jordan Chiles, Suni Lee & Grace McCallum
Women's vault – MyKayla Skinner





BRONZE

Women's balance beam – Simone Biles
Women's uneven bars – Suni Lee

St. Louis Plays Host to the 2020 Olympic Trials

The 2020 Olympic Team Trials welcomed a record number of fans back into the stands and America's best gymnasts onto the competition floor for the biggest stage leading up to Tokyo. A total of 38 gymnasts competed for eight team spots as well as additional individual placements on the U.S. Olympic Team representing the women's and men's artistic disciplines. The rhythmic and trampoline disciplines selected their Olympians following the USA Gymnastics Championships (see Olympic Team selection highlights on page 17 and page 20).

In St. Louis, Brody Malone and Simone Biles captured the top men's and women's all-around spots, with Yul Moldauer and Suni Lee also securing automatic selection. The four-person teams were rounded out by Sam Mikulak and Shane Wiskus on the men's side, and Jordan Chiles and Grace McCallum for the women.

With a delayed Olympic Games due to the COVID-19 pandemic, international criteria also enabled three additional Americans to compete in Tokyo as individuals. Based on her performance in the International Gymnastics Federation's Apparatus World Cup Series, Jade Carey earned a nominative spot, while Alec Yoder and MyKayla Skinner were selected to the remaining two individual berths.

June 24-27, 2021, The Dome at America's Center, St. Louis, Mo.

OLYMPIC TRIALS

Event Snapshot

20,815
New single session Olympic Team Trials attendance record (women's day 2)

NEARLY 65,000
Total four-day attendance

12+ hours
dedicated NBC coverage

3,300+
broadcast segments

4,850+
articles

19 billion
total impressions

'USAG Day'
Mayor Tishaura Jones proclaimed June 24, 2021 'USA Gymnastics Day' in the city of St. Louis

950,000+
Men's and women's team announcements amassed 230, 000+ likes and 950,000+ total engagements across USAG social platforms





Men's Competition

Cameron Bock*
Allan Bower*
Brandon Briones*
Alex Diab*
Gage Dyer
Vitaliy Guimaraes
Ian Gunther
Paul Juda
Riley Loos
Brody Malone
Sam Mikulak
Akash Modi*
Yul Moldauer
Stephen Nedoroscik
Robert Neff
Eddie Penev
Colin Van Wicklen
Shane Wiskus
Donnell Whittenburg
Alec Yoder

Women's Competition

Simone Biles
Skye Blakely
Jade Carey
Jordan Chiles
Kayla DiCello*
Amari Drayton
Kara Eaker*
Addison Fatta
Shilese Jones
Emily Lee
Sunisa Lee
Emma Malabuyo*
Grace McCallum
Riley McCusker
Zoe Miller
Ava Siegfeldt
MyKayla Skinner
Leanne Wong*

2020 Tokyo Olympians in bold. Replacement athletes designated with an asterisk.



A LOOK BACK

THE 2021 SEASON BY DISCIPLINE

ARTISTIC GYMNASTICS



With 2021 a year like no other, American gymnasts made history on the national and international stages as a full season of competition resumed, culminating in the U.S. Olympic Team Trials (page 9) and Olympic Games (page 7).



Along the way – and in the weeks after the Games – there were several historic moments:

- American athletes debuted three eponymous skills during the year:
  - At the 2020 Tokyo Olympics, Brody Malone introduced a new mount on parallel bars that now bears his name.
  - At September's Koper World Challenge Cup in Slovenia, Riley Loos debuted eponymous skills on floor exercise and pommel horse.
  - At the GK U.S. Classic in May, Simone Biles introduced a Yurchenko double pike on vault.
- The domestic circuit saw the Winter Cup and the USAG Development Program National Championships feature both men's and women's competition for the first time.
- At the FIG World Championships, Stephen Nedoroscik captured the first-ever U.S. gold medal on pommel horse.





The women's program also rolled out the 2021-29 Compulsory Program with two in-person workshops and an option to join virtually, while the men's program presented the 2021-24 Junior Competition Manual, which introduced a Club Track alternative for athletes.

Highlights

WINTER CUP
February 26-28, Indianapolis, Ind.
Cameron Bock and Jordan Chiles took the men's and women's all-around titles.

AMERICAN CLASSIC
April 24, Indianapolis, Ind.
Kailin Chio and Skye Blakely topped the junior and senior fields, respectively.

USAG DEVELOPMENT PROGRAM NATIONAL CHAMPIONSHIPS
May 13-16, Daytona Beach, Fla.
Combined men's and women's competitions under a single umbrella for the first time.

GK U.S. CLASSIC
May 21-22, Indianapolis, Ind.
Katelyn Jong and Simone Biles were junior and senior all-around champions, and Biles made history when she debuted a Yurchenko double pike on vault.

U.S. CHAMPIONSHIPS
June 3-6, Fort Worth, Texas
Fred Richard (17-19) and Vahe Petrosyan (15-16) took the men's junior titles, and Katelyn Jong was the women's junior champion. Simone Biles claimed her record 7th U.S. senior all-around championship, while Brody Malone topped the field on the senior men's side.

SENIOR PAN AMERICAN CHAMPIONSHIPS
June 4, Rio De Janeiro, Brazil
Paul Juda delivered all-around silver, securing the U.S. a +1 quota spot for the 2020 Tokyo Olympics.





ARTISTIC GYMNASTICS

JUNIOR PAN AMERICAN CHAMPIONSHIPS
June 18-20, Guadalajara, Mexico

Fred Richard and Katelyn Jong topped the men's and women's all-around as U.S. athletes earned 21 medals across the men's and women's competitions, including team gold in both divisions.

KOPER WORLD CHALLENGE CUP
September 3-4, Koper, Slovenia

Riley Loos debuted eponymous skills on floor exercise and pommel horse.

ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS
October 18-24, Kitakyushu, Japan

Stephen Nedoroscik captured the first U.S. gold on pommel horse, while Olympic alternates Leanne Wong and Kayla DiCello earned all-around silver and bronze in women's competition. Yul Moldauer (fourth) posted the highest U.S. men's World all-around finish since 2010. Brody Malone took bronze on horizontal bar, while Wong added a bronze on floor exercise.

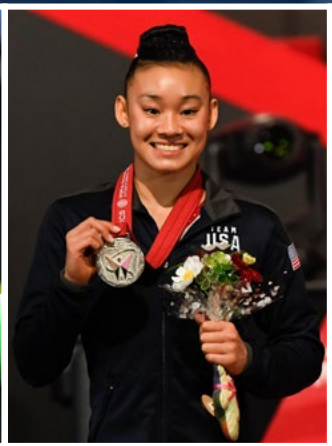
MEMORIAL ARTHUR GANDER COMPETITION
November 3, Morges, Switzerland

Yul Moldauer claimed all-around gold, and Ciena Alipio earned bronze in her senior international debut.

JUNIOR PAN AMERICAN GAMES
November 26-29, Cali, Colombia

Vahe Petrosyan and Katelyn Jong were inaugural Junior Pan American Games all-around champions as U.S. gymnasts brought home 18 medals, including seven apparatus titles and the men's and women's team gold.






RHYTHMIC GYMNASTICS



American rhythmic gymnastics continued its steady climb, internationally and domestically, in 2021. Among the superlatives:

- The U.S. fielded the largest possible Olympic team in rhythmic gymnastics for the first time under the current qualification model: two individual gymnasts and a group.
- Two-time Olympian Laura Zeng notched multiple top-ten World Cup finishes, while fellow 2020 Olympian Evita Griskenas anchored a young World Championships team to close out the 2021 season.
- U.S. juniors showed particularly strong performances on the Pan American circuit, securing 21 medals across the Junior Pan American Championships and inaugural Junior Pan American Games.
- Domestic events drew strong attendance and showcased exceptional talent in the U.S. pipeline. Key events included the Rhythmic Challenge and Invitational in Des Moines, Iowa, Rhythmic Junior Level 9 Classic in Walker, Mich., Rhythmic Elite Qualifier in Birmingham, Ala., and Rhythmic Development Program National Championships in Indianapolis.
- The Rhythmic Xcel Program was expanded in 2021 to include a men's category.







RHYTHMIC GYMNASTICS



Highlights

World Cup Circuit
March 26-28, Sofia, Bulgaria; April 16-18, Tashkent, Uzbekistan; May 7-9, Baku, Azerbaijan; May 28-30, Pesaro, Italy

Laura Zeng posted three top-ten all-around finishes and seven apparatus final appearances. Evita Griskenas and the U.S. Senior National Group were also in action.

Senior Pan American Championships
June 11-13, Rio De Janeiro, Brazil

The U.S. team earned bronze, while the group swept bronze in the all-around and apparatus competitions. U.S. gymnasts also claimed three individual medals: Victoria Kobelev (ribbon silver), Lennox Hopkins-Wilkins (hoop bronze), and Alexandria Kautzman (ball bronze).

USA Gymnastics Championships
June 25-27, St. Louis, Mo.

Laura Zeng claimed her sixth all-around national championship, while Nayenne Pollini Ashenaffi led the junior field. Zeng also secured the hoop, clubs, and ribbon titles. Evita Griskenas took the top spot on ball. The senior national group swept the group all-around and apparatus competitions.

RHYTHMIC GYMNASTICS

OLYMPIC SELECTION

At the conclusion of the USA Gymnastics Championships, the U.S. Olympic team for rhythmic gymnastics was named based on established selection procedures:





INDIVIDUALS:
Evita Griskenas and Laura Zeng



GROUP:
Izzy Connor, Camilla Feeley, Lili Mizuno, Elizaveta Pletneva, and Nicole Sladkov

Replacement Athletes:
Lennox Hopkins-Wilkins (individual), Yelyzaveta Merenzon (group), and Gergana Petkova (group)

Junior Pan American Championships
June 25-27, Guatemala City, Guatemala

Megan Chu earned gold in the all-around and on hoop, clubs, and ribbon, as the U.S. took the top spot in the team competition. The U.S. group added three silver medals.

Rhythmic Gymnastics World Championships
October 27-31, Kitakyushu, Japan

The U.S. group notched a top-ten finish in the all-around and on both apparatus. Evita Griskenas led individual U.S. athletes, and first-year senior Erica Foster debuted as the youngest gymnast in the competition.

Junior Pan American Games
December 3-5, Cali, Colombia

All-around silver and bronze medalists Nayenne Pollini Ashenaffi and Sarah Mariotti each added gold in the apparatus finals, as U.S. gymnasts brought home nine medals across the individual and group competitions to ring in the first ever Junior Pan American Games.

TRAMPOLINE & TUMBLING







U.S. trampoline and tumbling athletes were eager to get back to competition following the cancellation of much of the 2020 season. Beyond a successful domestic event slate, U.S. National Team members celebrated numerous achievements from the international scene.

- The U.S. women repeated as World team double mini champions, while U.S. athletes also defended their World team all-around silver medal.
- Despite a limited World Cup schedule, three U.S. athletes (Nicole Ahsinger, Jeffrey Gluckstein, and Aliaksei Shostak) brought home hardware in 2021.
- Aliaksei Shostak's performance on the international stage earned him a nominative Olympic berth from FIG to compete in men's trampoline.
- Nicole Ahsinger's sixth-place Olympic finish matched the highest U.S. women's placement in history.

TRAMPOLINE & TUMBLING



Highlights

Elite Challenge
May 14-16, Birmingham, Ala.

Aliaksei Shostak and Hally Piontek took the men's and women's trampoline titles, while Kaden Brown and Hope Bravo topped the tumbling fields. Ruben Padilla and Tristan Van Natta were the men's and women's double mini champions.

Brescia World Cup
June 4-5, Brescia, Italy

Nicole Ahsinger's bronze medal in women's trampoline earned the U.S. a spot in the Olympic women's trampoline competition. On the men's side, Jeffrey Gluckstein and Aliaksei Shostak took bronze in the synchronized trampoline competition.

Senior Pan American Championships
June 11-13, Rio De Janeiro, Brazil

The U.S. claimed the men's team trampoline title, while Jeffrey Gluckstein and Cody Gesuelli added individual silver and bronze in senior men's trampoline. Ruben Padilla topped the men's 17-21 field, and the pair of Padilla and Gesuelli also earned gold in men's synchro.

USA Gymnastics Championships
June 25-27, St. Louis, Mo.

Jeffrey Gluckstein and Nicole Ahsinger were national champions in men's and women's trampoline. Kaden Brown and Miah Bruns scored the top spots in men's and women's tumbling. Trevor Harder and Aliah Raga claimed gold in men's and women's double mini.

TRAMPOLINE & TUMBLING

OLYMPIC SELECTION

At the conclusion of the USA Gymnastics Championships, the U.S. Olympic trampoline team was named based on established selection procedures:



Aliaksei Shostak was awarded a nominative spot to compete in men's trampoline by the International Gymnastics Federation.



On the women's side, **Nicole Ahsinger** was selected to represent the U.S.

Replacement Athletes:
Sarah Webster and Charlotte Drury



Trampoline & Tumbling World Championships
November 18-21, Baku, Azerbaijan

U.S. gymnasts delivered women's double mini team gold (Lacey Jenkins, Shelby Nobuhara, Trinity Van Natta, and Tristan Van Natta) and all-around team silver (Maia Amano, Kaden Brown, Cody Gesuelli, Ruben Padilla, Isaac Rowley, Jessica Stevens, Tristan Van Natta, and Tia Taylor). Three gymnasts also added individual medals: Shelby Nobuhara (women's double mini silver), Kaden Brown (men's tumbling bronze), and Ruben Padilla (men's double mini bronze).

Trampoline & Tumbling World Age Group Competitions
November 25-28, Baku, Azerbaijan

U.S. athletes earned 12 medals across the 13-14, 15-16, and 17-21 age divisions, including gold from Alexandra Mytnik (women's 13-14 trampoline), Josie Bain (women's 15-16 double mini), and the pair of William Cockrill and Kai Lawson (men's 13-14 synchro).

Junior Pan American Games
December 3-4, Cali, Colombia

Elijah Vogel and Zachary Ramacci nabbed gold in men's synchro, and Vogel claimed silver in men's trampoline at the inaugural event.

ACROBATIC GYMNASTICS

U.S. acrobats made a splash on the world stage in 2021 despite a limited event calendar.

- Emily Davis and Aubrey Rosilier became the first U.S. World medalists in women's pair and were also named the 2021 Acro Pair/Group of the Year.
- Two U.S. pairs added World Age Group medals.
- Due to the postponement of the 2020 acrobatic gymnastics World competitions, USAG hosted two World Team Trials events and named two World Championships teams in 2021. The second is set to compete in early 2022.

Highlights

2021 World Team Trials
April 24-25, Pendleton, Ind.

More than 90 athletes competed for spots on the World Championships and World Age Group teams for the postponed acrobatic gymnastics World competitions.

Acrobatic Gymnastics World Age Group Competitions
June 23-29, Geneva, Switzerland

Jaylen Ivey and Amaya Rogers claimed silver in the mixed pair 12-19 division, while the women's 13-20 pair of Mo Arthur and Ariana Katsov brought home the bronze.

Acrobatic Gymnastics World Championships
July 2-4, Geneva, Switzerland

The women's pair of Emily Davis and Aubrey Rosilier captured the silver medal.

2022 World Team Trials
December 19-20, Indianapolis, Ind.

More than 20 pairs and groups vied to represent the U.S. at the 2022 Acrobatic Gymnastics World Championships and World Age Group Competitions, which will take place in Baku, Azerbaijan in March.







2021 USA GYMNASTICS FOR ALL
NATIONAL CHAMPIONSHIPS & GYMFEST
Scottsdale, AZ
June 16-19

GYMNASTICS FOR ALL

The USA Gymnastics for All National Championships and GymFest returned in 2021 following cancellation of the 2020 event. Also known as Group Gymnastics, Gymnastics for All includes competitive and non-competitive opportunities for athletes of all ages and ability levels, including the HUGS Program for gymnasts with special needs. This year's event featured 371 participants across three days of performances in Power TeamGym, Acrobatics and Tumbling, GymFest, and the Gym for Life Challenge.



ORGANIZATIONAL PRIORITIES

ATHLETE WELL-BEING | GLOBAL LEADERSHIP & PARTNERSHIPS | SERVING MEMBERS



Celebrating the 2020 & 2021 Hall of Fame Classes

USA Gymnastics officially inducted the 2020 and 2021 Hall of Fame classes at a ceremony held June 26 in St. Louis, Mo., in conjunction with the 2020 Olympic Team Trials and 2021 USA Gymnastics Championships and National Congress and Trade Show.

2020 Hall of Fame Class

- Nora Campbell – Lifetime Achievement Award (rhythmic)
- Morgan Hamm (men's artistic)
- Bridget Sloan (women's artistic)
- Yoichi Tomita (men's artistic)
- Jordyn Wieber (women's artistic)
- Mary Wright (women's artistic)

2021 Hall of Fame Class

- 2004 U.S. Men's Olympic Team (men's artistic)
- Jim Aamodt – Lifetime Achievement Award (T&T, posthumous)
- Rebecca Bross (women's artistic)
- Dianne Durham (women's artistic, posthumous)
- Chris Estrada (T&T)
- Gene Watson (men's artistic, posthumous)

ATHLETE WELL-BEING

SAFETY CHAMPION

Highlights:

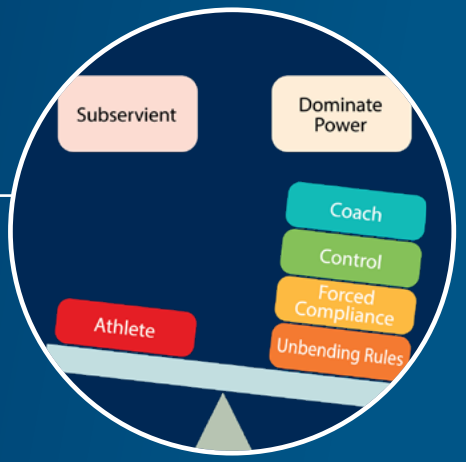
- Introduced the Safety Champion Program, which requires all member clubs to designate a Safety Champion who helps foster a safe environment and serves as a point person with USAG on club matters related to safety, including policy clarification, educational requirements, and resources for athletes, parents, and staff
- Developed and implemented a strategic plan for athlete health and wellness initiatives over the current quad (2021-24)
- Secured grant funding to support athlete safety initiatives
- Decreased time to case closure for cases received and exclusively handled by USA Gymnastics in 2021 by more than 50% compared to those received in 2020
- Opened 250 new Safe Sport cases in 2021, and closed 248

Prioritizing Athlete Health and Wellness

Athlete well-being is USAG's top priority, and nothing is more central to ensuring safety than ensuring athletes, coaches, club owners, parents, and others are equipped with the knowledge and best practices for providing safe and healthy environments for athletes to train and compete.

Education services:
Throughout 2021, USAG's Safe Sport, Athlete Health and Wellness, and Member Services teams continued to create educational resources focused on ensuring all members have access to safe, supportive environments. New offerings include:

- Building a Safe Sport Culture from Within
- Coaching Athletes with Hidden Disabilities
- Coaching Body Positivity: Why It Is Necessary
- Communicating with Athletes: Why They Misunderstand Your Words
- Dimensions of Gender
- Gender Inclusive Gymnastics: A Safer Program for All
- Injury Guidance for Coaches and Club Owners
- Red Flags: When to Send Your Gymnast to a Medical Professional
- When Trauma Impacts the Athlete: A Coach's Guide to Recognize and Respond



Beginning in July, adult USAG members were introduced to several new educational requirements, in addition to the U.S. Center for SafeSport's existing training (U110), all focused on athlete safety:

- The USA Gymnastics Safe Sport Policy Course (U113) presents a deep dive into USAG's Safe Sport Policy and how it applies to members.
- The new Tough Coaching or Emotional Abuse Course (U112) is required for competitive and recreational coaches as well as club owners and managing directors. It provides an in-depth look at how to distinguish tough coaching or intense practices from behaviors that are abusive.
- Coaches must also take annual concussion training (U201).

ATHLETE WELL-BEING

Beyond the Sport

USA Gymnastics aspires to set the standard for creating positive and rewarding athlete experiences within the U.S. sport landscape and beyond. That means taking the lead on issues that affect athletes in and out of the gym.

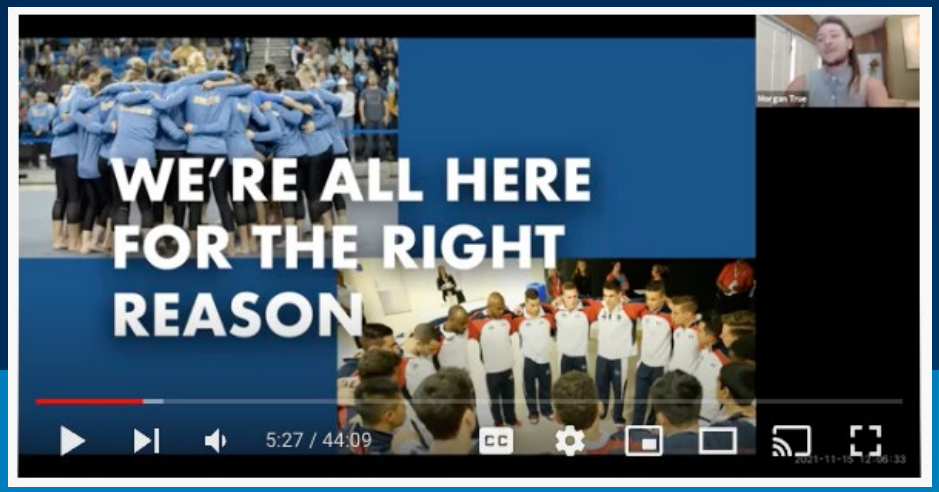


USAG CEO Li Li Leung was invited to join the Aspen Institute's 2021 Project Play Summit to discuss USA Gymnastics' **Athlete Bill of Rights** – one of the first commitments of its kind from a sport governing body. The document, which has become a model for other national sport organizations, creates a shared vision of behavioral expectations designed to provide all athletes with safe, supportive, and welcoming training and competition environments that are free from abuse.



As part of the organization's focus on prioritizing athlete health and wellness, USAG hosted a **mental health panel** in May to jump-start the conversation around this important topic during Mental Health Awareness Month. The session, which featured current and former National Team members Steven Gluckstein (T&T), Sam Mikulak (men's artistic), and Jessica Renteria (acrobatic), and was moderated by sport psychologist Karen Cogan, covered a range of topics, including reducing stigma, seeking resources and support, overcoming adversity, managing stress, and how social justice issues can affect mental health.

ATHLETE WELL-BEING



Growing **diversity, equity, and inclusion** in gymnastics remains a top priority, and in 2021, USAG created an in-house working group dedicated to achieving this goal. From this brain trust came a multi-year strategic action plan, which will guide the organization's efforts in the near term. Over the course of the year, we continued to welcome industry experts to provide education and training for staff in the areas of diversity, inclusion, and bias. Updates to USAG's hiring practices implemented in 2020 helped increase racial diversity among staff by 8% in 2021, and these changes have been extended to broader business operations. An academic study to explore bias in judging commissioned by USAG also remains underway.

Inclusivity is a critical component of athlete safety, and USAG continues to support gender inclusivity within gymnastics. In addition to adopting a progressive transgender and non-binary inclusion policy in late 2020, USAG has worked with experts in the space to create educational resources to help coaches and club owners provide gender inclusive spaces for their athletes. In 2021, these resources included two topical webinars: Dimensions of Gender with presenter Joel Baum, M.S., Senior Director for Professional Development at Gender Spectrum, and Gender Inclusive Gymnastics: A Safer Program for All with presenter Morgan True, a non-binary, transgender gymnastics coach and former athlete who is a leading voice in gender-inclusive programming.





Working with the **Positive Coaching Alliance**, USAG conducted multiple trainings throughout the year for coaches of National Team athletes, USA Gymnastics staff, and others to promote and foster positive experiences in the sport for all athletes.

Global Leadership and Partnerships

As one of the world's pre-eminent gymnastics countries and federations, USA Gymnastics in 2021 worked to take an active role in international leadership, advocacy, and partnership on all levels of the sport. From educational seminars to international federation elections, USAG's participation ensures that Americans have a voice and presence when issues impacting U.S. athletes are discussed.

- In November, the International Gymnastics Federation hosted its annual congress in Turkey. USAG President and CEO Li Li Leung was elected to FIG's Executive Committee, American Ron Froehlich was elected as FIG Auditor, and American Butch Zunich was elected to the Men's Artistic Gymnastics Technical Committee.
- Throughout 2021, USAG Rhythmic Vice President Caroline Hunt completed her third Olympic quad serving on FIG's Rhythmic Technical Committee. In that role, Hunt was a member of the Superior Jury for the 2020 Tokyo Olympic Games and was heavily involved in development of the new Code of Points that will take effect in 2022. Caroline was awarded an honorary distinction by FIG for her service on the Rhythmic Technical Committee.
- In November, USAG hosted a worldwide webinar focused on artistry and group composition for rhythmic gymnastics. The session was open to national federations from around the globe with translations in English, Russian, and Spanish. More than 1,200 participants signed up for the first-of-its-kind event.
- USAG's Women's Technical Director Connie Maloney was one of several U.S. volunteers who traveled to Colombia and El Salvador in the fall to lead live workshops for coaches and judges, introducing the new 2021-29 compulsory materials developed by Women's Development Program Committee Chair Tom Koll and the U.S. Women's Development Program and Technical Committees. USAG has licensed these materials for use by the Pan American Gymnastics Union to support the development and growth of the sport in member countries.



Enhanced Member Services and Resources

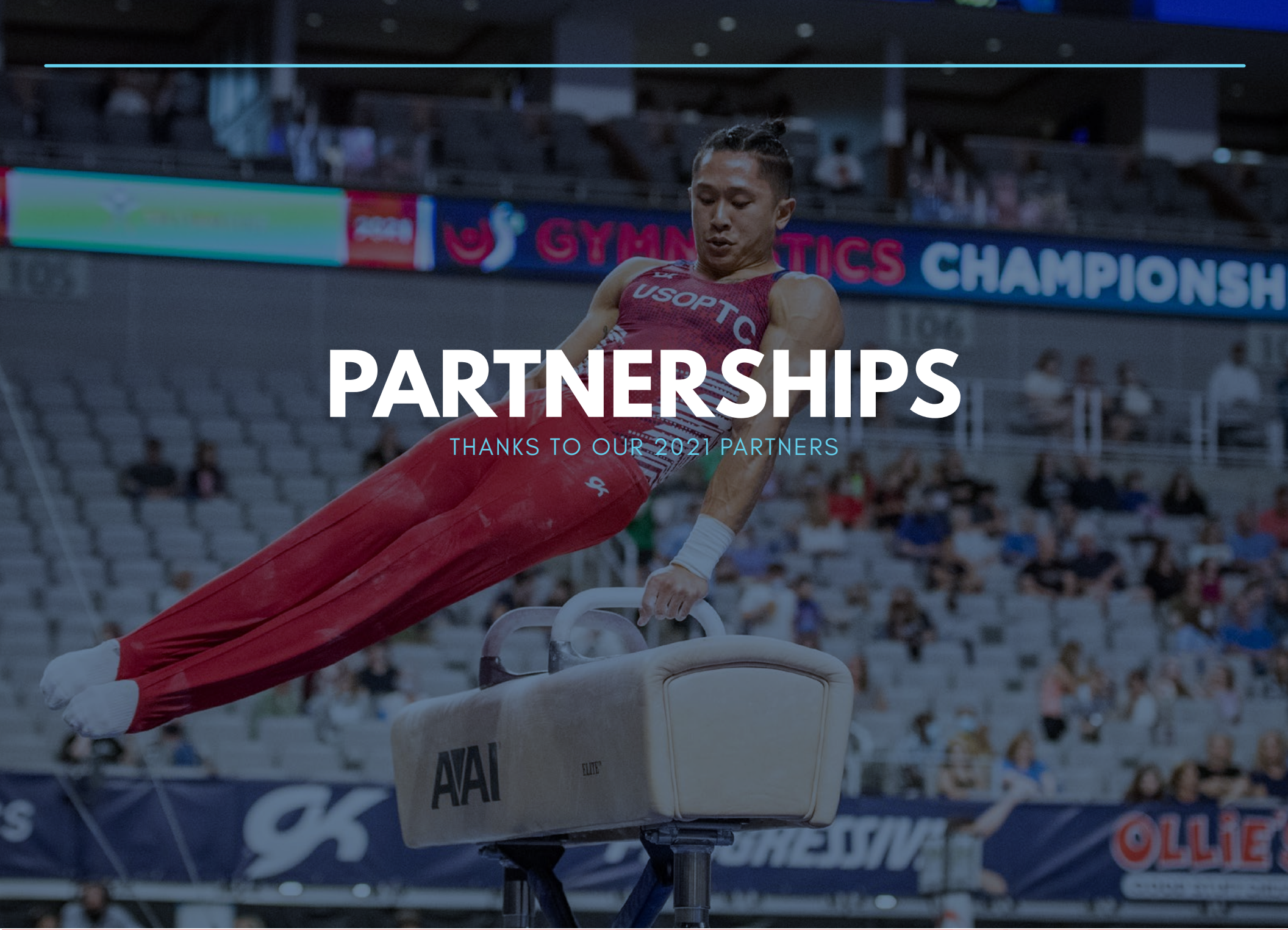
As a membership-focused organization, USAG strives to provide members meaningful resources, educational opportunities, and benefits to enhance their experience in the sport. As part of that commitment, in 2021 USA Gymnastics made improving the membership experience and providing value-added member benefits a priority.

Updated membership structure:
USA Gymnastics introduced a new membership structure in July to more accurately reflect the roles held by members and to enable us to better serve a range of members with resources and education specific to their roles. Individuals who would previously have identified as professional or instructor members now select their specific roles: competitive or recreational coach, judge, meet director, or organization owner/managing director. USAG also introduced volunteer, medical, and photographer categories.

New health insurance benefit for members:
In November, USAG introduced a groundbreaking program among U.S. national governing bodies, providing member coaches, judges, and club owners access to comprehensive health insurance, including major medical, dental, and vision benefits.

In-person and virtual National Congress:
After transitioning to an all-virtual platform in 2020 due to the pandemic, USAG provided members both in-person National Congress in conjunction with the Olympic Trials and a virtual option in August. The highly anticipated National Congress and Trade Show took place June 25-27 in St. Louis, Mo., in conjunction with the 2020 Olympic Trials. Approximately 1,300 attendees had access to around 100 presentations, including demonstrations and educational seminars related to coaching, judging, general business, sports science, and athlete safety, among other topics. The trade show hall featured more than 90 exhibitor booths. In August, the event transitioned to a virtual format, with more than 1,200 additional participants and approximately 120 presentations.





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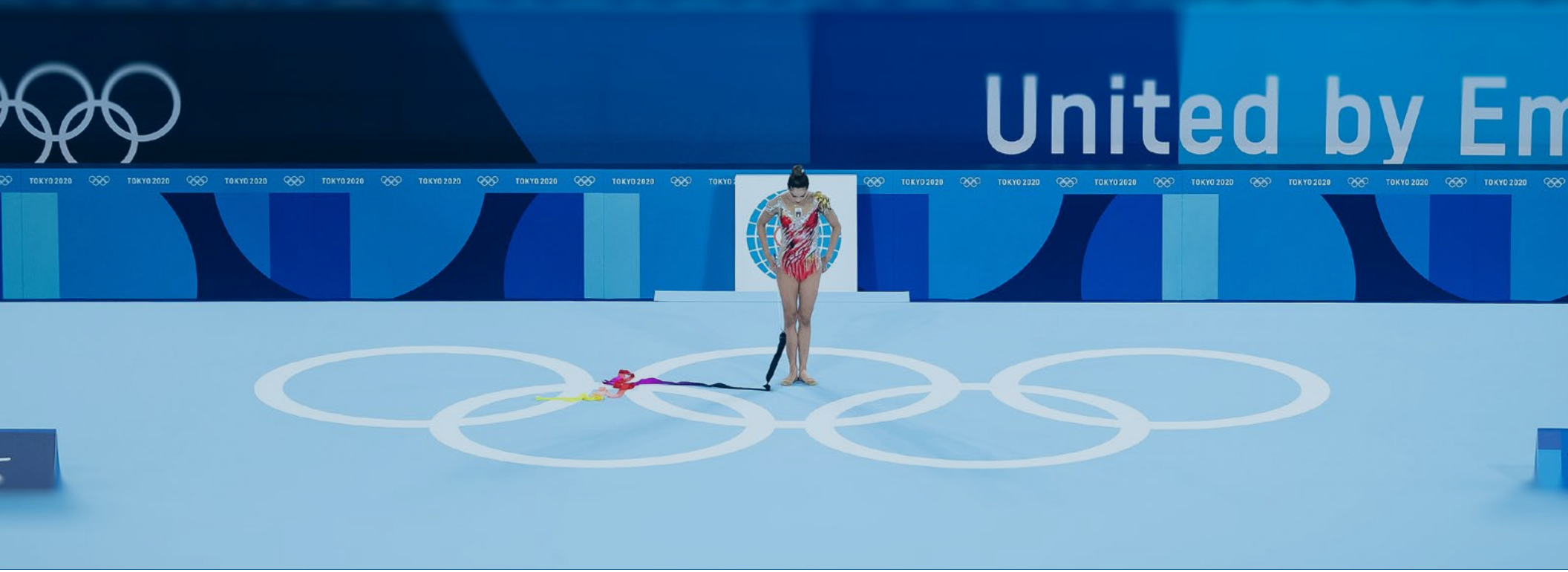
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POSITIVE COACHING ALLIANCE

PHOTOS OF THE YEAR

IN DECEMBER, USA GYMNASTICS CONDUCTED A FAN VOTE TO SELECT THE PHOTO OF THE YEAR IN EACH DISCIPLINE. AS CHOSEN BY THE PUBLIC, WE PRESENT THE 2021 PHOTOS OF THE YEAR.





Yul Moldauer

John Cheng photo



Emily Davis & Aubrey Rosilier

Filippo Tomasi photo

PHOTOS OF THE YEAR



Trinity and Tristan Van Natta
(featuring Shelby Nobuhara on the left)
Filippo Tomasi photo



Sunisa Lee

John Cheng photo

PHOTOS OF THE YEAR

Laura Zeng

Ricardo Bufolin photo





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