# USA Gymnastics Primary Team Health Care Services Contractor

## Summary

Under the direction and supervision of the Vice President of Athlete Health and Wellness and Medical Director, and in collaboration with the team physician(s) for the assigned discipline, provide for acute injury management and stabilization, injury prevention, injury examination, evaluation, rehabilitation and coordination of care of athletes in support of sustained excellence in sports performance at USAG activities.

## **Duties & Responsibilities**

- Perform as a HCSC for assigned athletes, placing athlete well-being, health, and safety at the forefront of decision-making. Health care includes injury prevention, emergency care, examination and evaluation of injuries and illnesses, developing and applying care plans, to include rehabilitation programs through active care, therapeutic modalities, and manual treatments.
- 2. Refer athletes to appropriate health care providers for follow-up care and services as needed.
- 3. Work cooperatively with coaches, national team leadership and other USA Gymnastics medical staff to plan and implement the enhancement of athletic performance and the prevention of potential injuries through programming and other measures.
- 4. Provide for athlete care activities as needed in accordance with the licensure, scope of practice, standards and functions of his/her individual professional licensure, job description and standards for appropriate practice, including clinical competency and documentation.
- 5. Record and enter athlete medical data into electronic medical record system (or applicable system) in a timely manner for maintenance of athlete medical records. Every effort should be made to document all pertinent information in the EMR prior to the end of the day.
- 6. Communicate to coaches, parents (if athlete is a minor) and USA Gymnastics staff the status of injured athletes, while maintaining appropriate compliance with privacy laws.
- 7. Attend training camps, when required, to monitor health and well-being of athletes. Travel as needed with the team, providing medical support during competitions held both nationally and internationally.

- 8. Mentor entry-level contract or volunteer medical staff.
- 9. Operate and maintain equipment as permitted by and in accordance with local and state regulations. Equipment that is not operating properly will be removed from service area and marked for repair immediately. Supervisor will be notified of need for repair.
- 10. Maintain active licensure and compliance with medical/legal requirements for the state of residence.
- 11. Maintain up-to-date knowledge in area of specialty via continuing education, review of medical literature and continuous learning.
- 12. Work and/or consult with team physician(s) and leadership on operational and clinical issues/strategies and facilitate implementation of case management strategies.
- 13. Maintain compliance with IOC, WADA, USADA, and the Olympic Code in order to provide for maximum sports performance from each athlete.
- 14. Maintain SafeSport certification.
- 15. Assist in developing and maintaining professional working relationships with sports performance partners, the USOPC and other outside parties.
- 16. Provide education on pertinent topics to coaches at regional and/or national congresses as needed.
- 17. Coordinate and execute special projects and other duties as assigned.

## **Minimum Qualifications Required**

When applicable, State licensure in the field of expertise must be obtained and continuously maintained throughout the course of employment. No infractions or any form of disciplinary sanctions is acceptable prior to or during the course of employment.

#### Education:

- Bachelor's degree in Athletic Training or Physical Therapy. Master's or Doctorate in Athletic Training or Physical Therapy preferred
- Dual credential as a physical therapist and athletic trainer preferred

## **Licensure & Certification:**

- Active State Licensure for the state of residence without restriction
- Physical Therapist must remain in compliance with their state licensure direct access provisions.

- Current Health Care Provider CPR certification
- First Aid (PT only), First Responder preferred (PT only)
- Professional Membership with USA Gymnastics
- Pass initial and subsequent background checks
- Complete SafeSport Training prior to first assignment and maintain certification
- Complete Stanford Anti-Doping training prior to first assignment
- For physical therapists, board certification in Sports or additional licensure as a certified athletic trainer is preferred

### Experience:

- Documented experience working with elite high-performance athletes preferred
- 3 years of clinical experience
- 2 years of sports medicine experience after licensure
- Documented manual therapy experience or certifications
- Dry Needling certification preferred
- Experience as first responder to acute, traumatic sports injuries required

#### Skills:

- Excellent oral and written communication skills
- Must possess strong interpersonal skills and the ability to work effectively
  with a diverse population including, but not limited to, athletes, coaches,
  administrative staff, physicians, volunteers and other medical personnel
- Knowledge in the areas of:
  - Injury/illness prevention and treatment
  - Rehabilitation of athletic injuries and post-surgical care
  - Performance enhancement
  - Emergency response skills
  - Athletic Taping

## **Tools, Equipment, & Conditions**

- Must be willing and able to travel domestically and internationally and work irregular hours such as weekends and late evenings
- Medical, treatment and rehabilitation equipment
- Personal computer, peripherals and related software
- Motor vehicles/motorized carts
- Must be able to lift and carry up to 50 pounds
- Work typically completed in event venues, gyms, conference rooms
- Provide after hours on-call duty, when applicable
- Regular attendance at assigned events is an essential job function
- Provider should use sound professional judgement when consuming alcohol while on assignment. Provider is "on call" 24/7 while working with athletes.

•	Provider is prohibited from using illicit or illegal substances while on assignment or working with athletes.